

Fact Sheet

Otsego Memorial Hospital offers low-dose CT scans for those at risk of developing lung cancer.

Why be screened?

Lung cancer is the second most common cancer in both men and women. It causes more deaths than any other kind of cancer. Until now, there was no good way to detect early lung cancers. With the use of low-dose CT screening, we may detect lung cancers earlier, increasing the chance of cure. CT lung screening in high risk patients has shown to decrease cancer death by 20 percent, according to the National Lung Screening Trial in 2011.

Who should be screened?

Lung cancer screening with low-dose CT is recommended for people who meet the following criteria:

- Between the ages of 55 and 77 years old
- Current or former smoker (former smokers who have quit within the last 15 years)
- Smoking history of at least 30 pack years*
- Smoking history of 20 pack years* with a family history of lung cancer or other exposures

**Pack years = Maximum number of packs smoked per day multiplied by the total number of years smoked.*

What else should I know about screening?

Lung cancer screening is a process, not a single test. To realize the greatest benefit of screening and reduce your chances of dying from lung cancer, you must adhere to your health care provider's directions regarding screening and smoking cessation.

No test is 100 percent accurate, so it is important to understand the limits of this screening study. It is possible to get false readings that either do not detect an underlying medical condition such as lung cancer, or reveal findings that are suspicious of lung cancer, even if you don't have it. In such cases, you may be asked to undergo additional tests or a biopsy to verify the results. The screening chest CT also may reveal findings not related to your lungs that may require additional diagnostic tests.

What will it cost?

Medicare and most private insurers cover lung cancer screening in high risk individuals. If your insurance does not currently cover this service, you can contact our Patient Financial Services Department at (989) 731-2198 to discuss your options. Resources are available.

Medicare requires a dedicated lung cancer screening counseling and shared decision-making visit from a physician or nurse practitioner prior to ordering the Low Dose CT Lung Cancer Screening.

To get started, ask your healthcare provider for a low-dose CT scan order and fill out the attached form.

REFERRAL to Otsego Memorial Hospital Lung Cancer Screening Program

Please send a copy of the patient's insurance card(s), driver's license, report of History and Physical and any outside records.

Today's Date _____

Patient Name _____

MR# _____ D.O.B. _____ Age _____

Patient Address _____

Patient Home / Cell Phone Numbers _____

Diagnosis / ICD10 code _____

Referring Physician Name / Phone Number _____

Criteria for low-dose lung CT scan screening:

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